0.

요약 - People unknowingly sabotage their own work when they withhold help or information from others or try to undermine them lest they become more successful or get more credit than me. The ego doesn’t know that the more you include others, the more smoothly things flow and the more easily things come to you.

키워드 - sabotage, cooperation, ego, obstacles, unconscious, not enough, resentment, curtails, attract, welcome

1.

요약 - We may have left the office physically, but we are very much still there mentally, as our minds get caught in the endless loop of replaying the events of today and worrying about all the things we need to get done the following day, So now, as he gets to the door of his house, he applies what he calls “the pause that refreshes.

키워드 - vice, president, refresh, attribute, home, office, physically, mentally, loop, worrying

2.

요약 - The meritocratic emphasis on effort and hard work seeks to vindicate the idea that, under the right conditions, we are responsible for our success and thus capable of freedom.

It also seeks to vindicate the faith that, if the competition is truly fair, success will align with virtue: those who work hard and play by the rules will earn the rewards they deserve.

키워드 - meritocratic, vindicate, right conditions, responsible, freedom, competition, success, virtue, rewards

3.

요약 - Genetic engineering followed by cloning to distribute many identical animals or plants is sometimes seen as a threat to the diversity of nature. The cloning and transgenic alteration of domestic animals makes little difference to the overall situation.

키워드 - genetic, cloning, distribute, identical animals, threat, diversity, nature, transgenic, alteration, domestic

4.

요약 - When you begin to tell a story again that you have retold many times, what you retrieve from memory is the index to the story itself. In other words, the stories we tell time and again are D identical to the memory we have of the events that the story relates.

키워드 -story, retold, retrieve, memory, index, tell time, identical, events, memory

5.

요약 - Protopia is a state of becoming, rather than a destination. It is incremental improvement or mild progress. The “pro” in protopian stems from the notions of process and progress.

키워드 - protopia, state, destination, incremental, improvement, mild, progress, pro, protopian, notion

6.

요약 - As a result, researchers gradually began to believe that runners are subconsciously able to adjust leg stiffness prior to foot strike based on their perceptions of the hardness or stiffness of the surface on which they are running. This view suggests that runners create soft legs that soak up impact forces when they are running on very hard surfaces and stiff 1685 when they are moving along on yielding terrain.

키워드 - researchers, subconsciously, adjust, leg stiffness, perception, running, impact, terrain, soak up, yielding

7.

요약 - Such a view, which grounds equality not in human uniformity but in the interplay of uniformity and difference, builds difference into the very concept of equality, breaks the traditional equation of equality with similarity, and is immune to monist distortion. Equality involves equal freedom or opportunity to be different, and treating human beings equally requires us to take into account both their similarities and differences.

키워드 - grounds, uniformity, interplay, difference, breaks, immune, distortion, freedom, opportunity, similarities

8.

요약 - Even when we do something as apparently simple as picking 42 a screwdriver, our brain automatically We can literally feel things with the end of the screwdriver. When we extend a hand, holding the screwdriver, we automatically take the length of the latter into account.

키워드 - even, apparently, simple, screwdriver, brain, extend, feel, holding, take, length

9.

요약 - It assumes that culture shapes social institutions by providing the shared beliefs, the core values, the communicative tools, and so on that, make social life possible. And it rejects the notion that any social institution can be understood regardless of personal preferences.

키워드 -culture, shapes, social institutions, shared, beliefs, core values, communicative tools, possible, personal, preference

10.

요약 - Through recent decades academic archaeologists have been urged to conduct their research and excavations according to hypothesis-testing procedures. But in presenting their work they rewrote the script, placing the theory first and claiming to have tested it against data which they discovered, as in an experiment under laboratory conditions.

키워드 - decades, archaeologists, conduct, excavation, hypothesis-testing, rewrote, theory, tested, discovered, conditions

11.

요약 - A fire provides a constant flickering change in visual information that never integrates into anything solid and thereby allows the brain to engage in a play of hypotheses. On the other hand, the wall does not present us with very much in the way of visual clues, and so the brain begins to make more and more hypotheses and desperately searches for confirmation.

키워드 - fire, flickering, visual, information, intergrates, brain, hypotheses, clues, search, confirmation

12.

요약 - Digital technology accelerates dematerialization by hastening the migration from products to services. The reason even solid physical goods — like a soda can — can deliver more benefits while inhabiting less material is because their heavy atoms are substituted by weightless bits.

키워드 - digital, technology, dematerialization, hastening, migration, service, goods, inhabiting, atoms, weightless

13.

요약 - The changes in diet that usually accompany higher incomes will require relatively greater increases in the production of feed grains, rather than food grains, as foods of animal origin partly displace plant-based foods in people’s diets.

키워드 - changes, diet, incomes, require, feed, grains, food, displace, animal, people

14.

요약 - If one looks at the Oxford definition, one gets the sense that post-ruth is not so much a claim that truth does not exist as that facts are subordinate 10 our political point of view. This can happen at either a conscious or unconscious level (since sometimes the person we are seeking to convince is ourselves), but the point is that this sort of post-truth relationship to facts occurs only when we are seeking to assert something to hold back our mixed feelings.

키워드 - Oxford, sense, exist, subordinate, political, conscious, unconscious, relationship, seeking, mixed feelings.